

TECHNICAL BULLETIN

CellTiter 96® AQ_{ueous} One Solution Cell Proliferation Assay

Instructions for Use of Products G3580, G3581 and G3582



CellTiter 96® AQ_{ueous} One Solution Cell Proliferation Assay

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1. Description

The CellTiter 96° AQ $_{ueous}$ One Solution Cell Proliferation Assay is a colorimetric method for determining the number of viable cells in proliferation or cytotoxicity assays. The CellTiter 96° AQ $_{ueous}$ One Solution Reagent contains a novel tetrazolium compound [3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, inner salt; MTS] and an electron coupling reagent (phenazine ethosulfate; PES). PES has enhanced chemical stability, which allows it to be combined with MTS to form a stable solution. This convenient "One Solution" format is an improvement over the first version of the CellTiter 96° AQ $_{ueous}$ Assay, where phenazine methosulfate (PMS) is used as the electron coupling reagent, and the PMS Solution and MTS Solution are supplied separately.

The MTS tetrazolium compound (Owen's reagent) is bioreduced by cells into a colored formazan product that is soluble in tissue culture medium (Figure 1, 1). This conversion is presumably accomplished by NADPH or NADH produced by dehydrogenase enzymes in metabolically active cells (2). Assays are performed by adding a small amount of the CellTiter 96® AQ_{ueous} One Solution Reagent directly to culture wells, incubating for 1–4 hours and then recording the absorbance at 490nm with a 96-well plate reader (3,4).



1. Description (continued)

$$\begin{array}{c} \text{OCH}_2\text{COOH} \\ \text{SO}_3^- \\ \text{N=N} \oplus \text{S} \\ \text{CH}_3 \\ \text{CH}_3 \\ \end{array}$$

Figure 1. Structures of MTS tetrazolium and its formazan product.

The quantity of formazan product as measured by absorbance at 490nm is directly proportional to the number of living cells in culture (Figure 2). Because the MTS formazan product is soluble in tissue culture medium, the CellTiter 96® AQ_{ueous} One Solution Assay requires fewer steps than procedures that use tetrazolium compounds such as MTT or INT (5,6). The formazan product of MTT reduction is a crystalline precipitate that requires an additional step in the procedure to dissolve the crystals before recording absorbance readings at 570nm (7).

If you currently use a [3H]thymidine incorporation assay, addition of the CellTiter 96® AQ_{ueous} One Solution Reagent can be substituted for the pulse of [3H]thymidine at the time point in the assay when the pulse of radioactive thymidine is usually added. Bioassay data comparing [3H]thymidine incorporation to the MTS-based CellTiter 96® AQ_{ueous} Assay and the original MTT-based CellTiter 96® Assay demonstrate that tetrazolium reagents can be substituted for [3H]thymidine incorporation (4,7).

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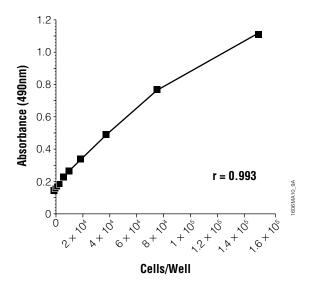


Figure 2. Effect of cell number on absorbance at 490nm measured using the CellTiter 96® AQ_{ueous} One Solution Assay. Various numbers of B9 hybridoma cells were added to the wells of a 96-well plate in RPMI containing 50 μ M 2-mercaptoethanol and supplemented with 5% FBS and 2ng/ml IL-6. The medium was allowed to equilibrate for 1 hour; then 20 μ I/well of CellTiter 96® AQ_{ueous} One Solution Reagent was added. After 1 hour at 37°C in a humidified, 5% CO_2 atmosphere, the absorbance at 490nm was recorded using an ELISA plate reader. Each point represents the mean \pm SD of 4 replicates. The correlation coefficient of the line was 0.993, indicating a linear response between cell number and absorbance at 490nm. The background absorbance shown at zero cells/well was not subtracted from these data.



2. Product Components and Storage Conditions

PRODUCT	SIZE	CAT.#
CellTiter 96® AQ _{ueous} One Solution Cell Proliferation Assay	200 assays	G3582
Includes:		
• 4ml CellTiter 96® AQ _{ueous} One Solution Reagent		
PRODUCT	SIZE	CAT.#
CellTiter 96® AQ _{ueous} One Solution Cell Proliferation Assay	1,000 assays (
Includes:		
• 20ml CellTiter 96® AQ _{ueous} One Solution Reagent		
PRODUCT	SIZE	CAT.#
CellTiter 96® AQ _{ueous} One Solution Cell Proliferation Assay	5,000 assays	G3581
Includes:		

• 100ml CellTiter 96® AQ_{ueous} One Solution Reagent

Storage Conditions: For long-term storage, store the CellTiter 96° AQ_{ueous} One Solution Reagent at -30° C to -10° C, protected from light. See the expiration date on the Product Information Label. For frequent use, solutions may be stored at $+2^{\circ}$ C to $+10^{\circ}$ C, protected from light, for up to 6 weeks.

Note: The performance of CellTiter 96® AQ_{ueous} One Solution Reagent after 10 freeze-thaw cycles was demonstrated to be equal to that of freshly prepared solution.

Safety: To the best of our knowledge, the chemical, physical and toxicological properties of this product have not been thoroughly investigated; therefore, we recommend the use of gloves, lab coats and eye protection when working with these or any chemicals.

Light-Sensitivity: The CellTiter 96° AQ_{ueous} One Solution Reagent is light-sensitive and is supplied in an amber container. Discoloration may occur if solutions are exposed to light outside of the container for several hours. This discoloration may cause slightly higher background 490nm absorbance readings, but it should not affect performance of the CellTiter 96° AQ_{ueous} One Solution Assay.



3. Protocols

Materials to Be Supplied by the User

- 96-well plates suitable for tissue culture
- repeating pipettes, digital pipettes or multichannel pipettes
- 96-well plate reader

3.A. General Protocol

- 1. Thaw the CellTiter 96® AQ_{ueous} One Solution Reagent. It should take approximately 90 minutes at room temperature, or 10 minutes in a water bath at 37°C, to completely thaw the 20ml size.
- 2. Pipet 20µl of CellTiter 96® AQ_{ueous} One Solution Reagent into each well of the 96-well assay plate containing the samples in 100µl of culture medium.
 - **Note:** We recommend repeating pipettes, digital pipettes or multichannel pipettes for convenient delivery of uniform volumes of CellTiter 96® AQ_{ueous} One Solution Reagent to the 96-well plate.
- 3. Incubate the plate at 37°C for 1–4 hours in a humidified, 5% CO₂ atmosphere.
 - **Note:** To measure the amount of soluble formazan produced by cellular reduction of MTS, proceed immediately to Step 4. Alternatively, to measure the absorbance later, add 25µl of 10% SDS to each well to stop the reaction. Store SDS-treated plates protected from light in a humidified chamber at room temperature for up to 18 hours. Proceed to Step 4.
- 4. Record the absorbance at 490nm using a 96-well plate reader.

3.B. Example of a Protocol for Bioassay of IL-6 Using B9 Cells

- 1. Maintain stock cultures of B9 cells in RPMI 1640 medium containing 5% FBS, 50µM 2-mercaptoethanol (2-ME) supplemented with 5ng/ml human recombinant IL-6. Subculture the stock cultures of cells to 2 × 10⁴ cells/ml, and refeed with human recombinant IL-6 every 3 days or when a density of 2 × 10⁵ cells/ml is reached.
 - Note: B9 cells used for the bioassay should be from stock cultures 2 days after the last subculture (feeding with IL-6).
- 2. Add 50μl/well of IL-6 samples or standards to be measured, diluted in RPMI 1640 medium containing 5% FBS and 50μM 2-ME. Start the titration of the IL-6 standard at 4ng/ml in column 12, and perform serial twofold dilutions across the plate to column 2 (to 4pg/ml). (After the cell suspension is added in Step 5 below, the final concentration of the titrated standard will be 2ng/ml in column 12 to 2pg/ml in column 2.) Use column 1 for the negative control: RPMI 1640 medium (and supplements) without IL-6. Equilibrate the plate at 37°C in a humidified, 5% CO₂ atmosphere while harvesting the cells for assay.



3.B. Example of a Protocol for Bioassay of IL-6 Using B9 Cells (continued)

- 3. Wash the B9 cells twice in RPMI 1640 containing 5% FBS and $50\mu M$ 2-ME by centrifugation at $300 \times g$ for 5 minutes.
- 4. Determine cell number and viability (by trypan blue exclusion), and resuspend the cells to a final concentration of 1×10^5 cells/ml in RPMI 1640 supplemented with 5% FBS and 50µM 2-ME.
- Dispense 50μl of the cell suspension (5,000 cells) into all wells of the plate prepared in Step 2. The total volume in each well should be 100μl.
- 6. Incubate the plate at 37°C for 48–72 hours in a humidified, 5% CO₂ atmosphere.
- 7. Add 20µl per well of CellTiter 96® AQ_{ueous} One Solution Reagent.
- 8. Incubate the plate at 37°C for 1–4 hours in a humidified, 5% CO₂ atmosphere.
 - **Note:** To measure the amount of soluble formazan produced by cellular reduction of MTS, proceed immediately to Step 9. Alternatively, to measure the absorbance at a later time, add 25µl of 10% SDS to each well to stop the reaction. Store SDS-treated plates protected from light in a humidified chamber at room temperature for up to 18 hours. Proceed to Step 9.
- 9. Record the absorbance at 490nm using a 96-well plate reader.
- 10. Plot the corrected absorbance at 490nm (y axis) versus concentration of growth factor (x axis). Determine the x-axis value corresponding to one-half the difference between the maximum (plateau) and minimum (no growth factor control) absorbance values; this is the ED₅₀ value (ED₅₀ = the concentration of growth factor necessary to give one-half the maximum response).

4. General Considerations

4.A. Background Absorbance

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A small amount of spontaneous 490nm absorbance occurs in culture medium incubated with CellTiter 96® AQ_{ueous}
One Solution Reagent. The type of culture medium used, type of serum, pH and length of exposure to light are variables that may contribute to the background 490nm absorbance. Background absorbance is typically 0.2–0.3 absorbance units after 4 hours of culture. Background absorbance may result from chemical interference of certain compounds with tetrazolium reduction reactions. Strong reducing substances, including ascorbic acid, or sulfhydryl-containing compounds, such as glutathione, coenzyme A and dithiothreitol, can reduce tetrazolium salts nonenzymatically and lead to increased background absorbance values. Culture medium at elevated pH or extended exposure to direct light also may cause an accelerated spontaneous reduction of tetrazolium salts and result in increased background absorbance values. If phenol red containing medium is used, an immediate change in color may indicate a shift in pH caused by the test compounds. Specific chemical interference of test compounds can be confirmed by measuring absorbance values from control wells containing medium without cells at various concentrations of test compounds.



Background 490nm absorbance may be corrected as follows: Prepare a triplicate set of control wells (without cells) containing the same volumes of culture medium and CellTiter 96® AQ_{ueous} One Solution Reagent as in the experimental wells. Subtract the average 490nm absorbance from the "no cell" control wells from all other absorbance values to yield corrected absorbances.

4.B. Optional Wavelengths to Record Data

Figure 3 shows an absorbance spectrum of the formazan product resulting from reduction of MTS. We recommend recording data at the absorbance peak of 490nm; however, if your 96-well plate reader does not have a 490nm filter, data can be recorded at wavelengths of 450–540nm. Absorbance may be recorded at other wavelengths if necessary, but will result in sensitivity loss. A reference wavelength of 630–700nm may be used to subtract background contributed by excess cell debris, fingerprints and other nonspecific absorbance.

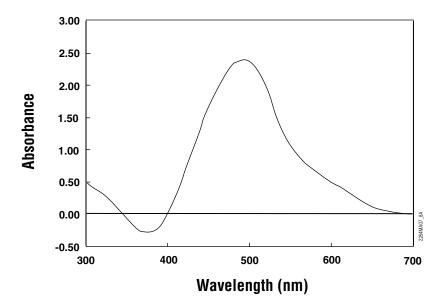


Figure 3. Absorbance spectrum of MTS/formazan. The absorbance spectrum of the formazan product resulting from reduction of the MTS tetrazolium compound shows an absorbance maximum at 490nm. The negative absorbance values (382nm) correspond to the disappearance of MTS as it is converted into formazan.

4.C. Lymphocyte Assays

Lymphocytes may produce less formazan than other cell types (8). To achieve significant absorbance changes with lymphocytes, increase the number of cells to approximately $2.5-10 \times 10^4$ cells/well and incubate the plate with CellTiter 96° AQ_{neous} One Solution Reagent for the entire 4-hour period.



4.D. Reagent Optimization

The concentrations of tetrazolium and electron transfer reagents have been optimized for general use with a wide variety of cell lines cultured in 96-well plates containing 100 μ l of medium. If different volumes of culture medium are used, adjust the volume to maintain a ratio of 20 μ l CellTiter 96® AQ $_{ueous}$ One Solution Reagent per 100 μ l culture medium. This reagent:medium ratio results in a final concentration of 317 μ g/ml MTS in the assay wells. Minor variations in the optimum concentrations of tetrazolium and electron transfer reagents occur with different cell lines; however, assay sensitivity is seldom compromised using the formulation in the CellTiter 96® AQ $_{ueous}$ One Solution Reagent. If reagent optimization is critical to your assay procedure, we recommend using the CellTiter 96® AQ $_{ueous}$ Non-Radioactive Cell Proliferation Assay (Cat.# G5421, G5430, G5440) or the CellTiter 96® AQ $_{ueous}$ MTS Reagent Powder products (Cat.# G1111, G1112) that supply the chemicals separately.

4.E. Cell Number Optimization

Cell proliferation assays require cells to grow over a period of time. Therefore, choose an initial number of cells per well that produces an assay signal near the low end of the linear range of the assay. This helps to ensure that the signal measured at the end of the assay will not exceed the linear range of the assay. This cell number can be determined by performing a cell titration as shown in Figure 2.

Different cell types have different levels of metabolic activity. Factors that affect the metabolic activity of cells may affect the relationship between cell number and absorbance. Anchorage-dependent cells that undergo contact inhibition may show a change in metabolic activity per cell at high densities, resulting in a nonlinear relationship between cell number and absorbance. Factors that affect the cytoplasmic volume or physiology of the cells will affect metabolic activity.

For most tumor cells, hybridomas and fibroblast cell lines, 5,000 cells per well is recommended to initiate proliferation studies, although fewer than 1,000 cells can usually be detected. The known exception to this is blood lymphocytes, which generally require 25,000–250,000 cells per well to obtain a sufficient absorbance reading.



5. References

- 1. Barltrop, J.A. *et al.* (1991) 5-(3-carboxymethoxyphenyl)-2-(4,5-dimenthylthiazoly)-3-(4-sulfophenyl)tetrazolium, inner salt (MTS) and related analogs of 3-(4,5-dimethylthiazolyl)-2,5-diphenyltetrazolium bromide (MTT) reducing to purple water-soluble formazans as cell-viability indicators. *Bioorg. Med. Chem. Lett.* 1, 611–4.
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- 3. Cory, A.H. et al. (1991) Use of an aqueous soluble tetrazolium/formazan assay for cell growth assays in culture. Cancer Commun. 3, 207–12.
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- 5. Mosmann, T. (1983) Rapid colorimetric assay for cellular growth and survival: Application to proliferation and cytotoxicity assays. *J. Immunol. Methods* **65**, 55–63.
- 6. Bernabei, P.A. *et al.* (1989) In vitro chemosensitivity testing of leukemic cells: Development of a semiautomated colorimetric assay. *Hematol. Oncol.* **7**, 243–53.
- 7. CellTiter 96® Non-Radioactive Cell Proliferation Assay Technical Bulletin #TB112, Promega Corporation.
- 8. Chen, C.-H., Campbell, P.A. and Newman, L.S. (1990) MTT colorimetric assay detects mitogen responses of spleen but not blood lymphocytes. *Int. Arch. Allergy Appl. Immunol.* **93**, 249–55.



6. Related Products

Viability Assays

Product	Size	Cat.#
RealTime-Glo™ MT Cell Viability Assay	100 reactions	G9711
CellTiter-Glo® Luminescent Cell Viability Assay	10ml	G7570
CellTiter-Glo® 2.0 Assay (luminescent)	10ml	G9241
CellTiter-Glo® 3D Assay	100ml	G9681
CellTiter-Glo® One Solution Assay	100ml	G8461
CellTiter-Fluor™ Cell Viability Assay (fluorescent)	10ml	G6080
CellTiter-Blue® Cell Viability Assay	20ml	G8080
CellTiter 96® AQ _{ueous} Non-Radioactive Cell Proliferation Assay	1,000 assays	G5421
CellTiter 96® AQ _{ueous} MTS Reagent Powder*	250mg	G1112
CellTiter 96® Non-Radioactive Cell Proliferation Assay	1,000 assays	G4000

^{*}PMS is not supplied with MTS Reagent Powder and must be obtained separately.

Not for Medical Diagnostic Use. Additional kit formats are available.

Cytotoxicity Assays

Product	Size	Cat.#
LDH-Glo™ Cytotoxicity Assay	10ml	J2380
CellTox™ Green Cytotoxicity Assay	10ml	G8741
CellTox™ Green Express Cytotoxicity Assay	200µl	G8731
CytoTox-Fluor™ Cytotoxicity Assay (fluorescent)	10ml	G9260
CytoTox-Glo™ Cytotoxicity Assay (luminescent)	10ml	G9290
MultiTox-Fluor Multiplex Cytotoxicity Assay (fluorescent; dual assay)	10ml	G9200
MultiTox-Glo Multiplex Cytotoxicity Assay	10ml	G9270
(luminescent and fluorescent; dual assay)		

Not for Medical Diagnostic Use. Additional kit formats are available.



Apoptosis Products

Product	Size	Cat.#
RealTime-Glo™ Annexin V Apoptosis and Necrosis Assay	100 assays	JA1011
Caspase-Glo® 3/7 Assay	2.5ml	G8090
Caspase-Glo® 3/7 3D Assay	10ml	G8981
Caspase-Glo® 8 Assay	2.5ml	G8200
Caspase-Glo® 9 Assay	2.5ml	G8210
Apo-ONE® Homogeneous Caspase-3/7 Assay	1ml	G7792

Not for Medical Diagnostic Use. Additional kit formats are available.

Oxidative Stress and Metabolism Assays

Product	Size	Cat.#
Cholesterol/Cholesterol Ester-Glo™ Assay	5ml	J3190
Glycerol-Glo™ Assay	5ml	J3150
Glucose Uptake-Glo™ Assay	5ml	J1341
Glucose-Glo™ Assay	5ml	J6021
Glutamate-Glo™ Assay	5ml	J7021
Glutamine/Glutamate-Glo™ Assay	5ml	J8021
GSH-Glo™ Glutathione Assay	10ml	V6911
GSH/GSSG-Glo™ Assay	10ml	V6611
Lactate-Glo™ Assay	5ml	J5021
Mitochondrial ToxGlo™ Assay	10ml	G8000
NAD/NADH-Glo™ Assay	10ml	G9071
NADP/NADPH-Glo™ Assay	10ml	G9081
ROS-Glo™ H ₂ O ₂ Assay	10ml	G8820
Triglyceride-Glo™ Assay	5ml	J3160

Not for Medical Diagnostic Use. Additional kit formats are available.

Luminometers

Product	Size	Cat.#
GloMax® Discover System	1 each	GM3000
GloMax® Navigator System	1 each	GM2000
GloMax® Explorer System	1 each	GM3500



7. Summary of Changes

The following changes were made to the 11/23 revision of this document:

- 1. Updated Section 6.
- 2. Updated patent statements.
- 3. Changed font and cover image.
- Made minor text edits.

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